



5 Day Expedition Ste Rose du Nord - Baie Ste Catherine

<p>First day</p> <p>8H We meet at our store in Baie Ste Catherine : you meet the guide, briefing of the trip, distribution of wetsuits and life jackets. We park the cars and transfer luggage into our bus.</p> <p>9H Departure by bus and trailer towards Ste Rose du Nord (bus transportation permit from the CTO)</p> <p>10H30 Arrival at Ste Rose du Nord, security briefing, unloading of kayaks and transfer of luggage into them.</p> <p>12 H Lunch, launching of the boats, getting familiar with the handling of your kayak on the water.</p> <p>17H30 Arrival at Anse au gros ruisseau, camp setup, diner preparation.</p> <p>18H30 outdoor dining and free time.</p>	<p>Day 2-3-4 :</p> <p>8H Breakfast</p> <p>9H Take off and travel to next campsite. The biggest part of paddling time is done after high tide and depending on the wind condition.</p> <p>Second day: kayak at the foot of the cliff of Cap Eternité. Lunch in the Baie Eternité. Camp at Anse de Tabatière, diner, and free time.</p> <p>Third day: after Anse St Jean, lunch at Anse à Tidée, passage towards île St Louis and camping at Anse au Cheval. Diner and free time.</p> <p>Fourth day : cruising along the Baie Ste Marguerite, a protected Beluga sanctuary, lunch at anse St Etienne, Camping at Anse à David</p>	<p>Fifth day :</p> <p>8H Breakfast</p> <p>9H Launching of kayaks towards Cap de la Boule and the Chute du Caribou. Lunch at Cap Blanc or at pointe a la Croix. Observation of the Minky whale at the mouth of the Fjord and in the Baie Ste Catherine</p> <p>15h end of the expedition and getting back to your car. Farewell to the guide.</p> <p>4h of kayaking per day minimum (It is possible that the guide decides to modify the schedule and trajectory depending on weather conditions.)</p>
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Level of strain: Moderate **Level of difficulty:** easy **Ratio of 1 guide/8 in group, min 4 maxi 8**
Expedition trajectory is in backcountry territory, a ways away from medical assistance.

Security : Azimut Aventure owns a boat for emergencies (230 HP) that can carry up to 12 passengers. This gives a great level of security to the expeditions without taking away from the backcountry experience. Our guides, FCKQ Level III certified and with first aid certification for backcountry territory, are knowledgeable and have a lot of experience on the Fjord. They are trained for cold water rescue.
Azimut Aventure reserves the right to modify the trajectory for security reasons and weather conditions.

Material : a list of things to bring will be sent to you upon reservation

<p>Requierments :</p> <ul style="list-style-type: none"> - Be 12 years of age or older. - Sign a waver in recognition of the risks. - Be physically fit to paddle 4 hours a day for 5 days. 	<p>The package includes :</p> <p>Bus transportation Park access costs All kayak gear Camping costs The guide as well as logistical and security support system. Rescue by boat in the event an emergency.</p>	<p>Cost :</p> <p>Basic package is 500\$ + taxes (you must be independent at the camping site, food and tent wise). Deluxe package is 895\$ +taxes (the guide takes care of every thing : the tent and the meals are taken care of and included)</p> <p>Group prices available during off season including transportation by bus from the major cities of the province of Quebec.</p>
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Plan to bring: warm clothes for around camp, sunscreen, hat, sunglasses, insect repellent, sleeping bag, toiletry, etc. A more extensive list will be sent to you depending on the package you choose.

Food for the deluxe package :

Breakfast: crêpe, muffins, yogurt, fresh fruit, espresso, tea, jam, maple syrup, cheese etc.

Lunch : sandwiches, pita, salads, taboulé, raw vegetables, desert, fresh fruit pastries.

Diner: cream of vegetable, spaghetti bolognaise, cheese fondue, beef and vegetables, etc, cake.

Information and reservation at 1 888 843 1110 kayak@azimutaventure.com Azimut Aventure 185 rte 138 Baie Ste Catherine GOT 1A0. Reservation on line <http://www.azimutaventure.com/reservation.htm>



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